



*Pheasant Ward  
Recipes*

Category (Salads)

## Emerald Fruit Salad

Submitted by (Becky Davis)

<p><b><u>Recipe</u></b></p> <p>From RS Birthday Dinner March 2011</p> <p>3 medium tart green apples, cubed          2 cups cubed honeydew          2 cups halved green grapes          3 kiwifruit, peeled, sliced and quartered          1 cup reduced-fat plain yogurt          3 tablespoons powdered sugar          3 tablespoons orange juice          1/2 teaspoon grated orange peel</p> <p>Stir powdered sugar, orange juice and orange peel into yogurt, pour over fruit and toss, serve immediately.</p>	<p><b><u>Grocery List</u></b></p> <p>(Ingredients you need from the store for recipe and any side dish you might add.)</p>
<p><b><u>Side dish</u></b></p> <p>(Optional: Any suggestions of foods that might go well with the main dish.)</p>	<p><b><u>Tips/Helpful hints</u></b></p> <p>(Any ideas that might be helpful to know when making this recipe.)</p>